

WHO WE ARE

Mission

Reduce youth suicide through education, training, and peer intervention.

What is Hope Squad?

Hope Squad is a peer-to-peer suicide prevention program. Hope Squad members are nominated by their classmates as trustworthy peers and trained by advisors. The program reduces youth suicide through education, training, and peer intervention.

Hope Squad Members Strive To

- Create a safe school environment
- Promote connectedness
- Support anti-bullying
- Encourage mental wellness
- Reduce mental health stigma
- Prevent substance misuse



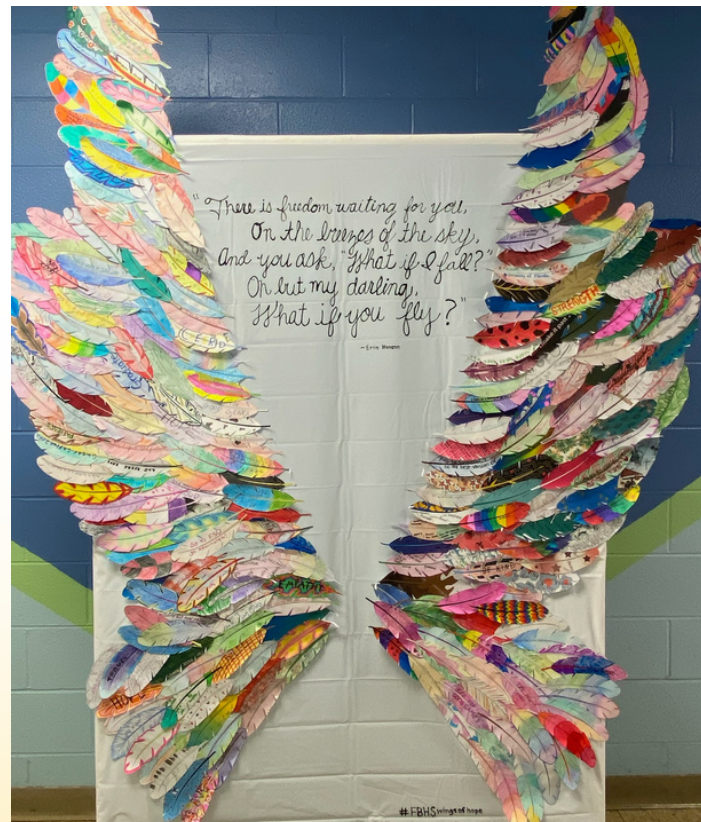
CONTACT US

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[Hopesquad.com](https://www.hopesquad.com)



FERNANDINA BEACH HIGH SCHOOL

HOW HOPE SQUAD HELPS

Prevention

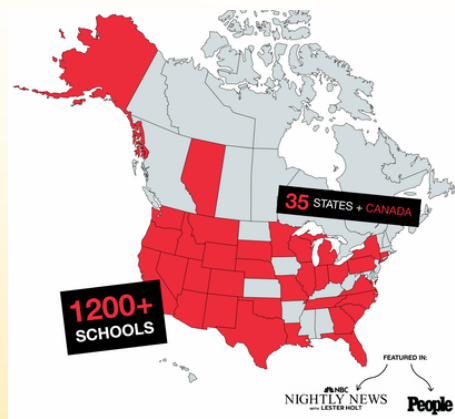
School suicide prevention involves educating the school community and increasing mental health, connectedness, and resilience.

Intervention

Intervention involves recognizing when someone is at risk for suicide and referring the person to mental health resources.

Postvention

Postvention involves helping those affected by a suicide cope with the loss and reducing the risk of further suicides.



HOPE SQUAD MEMBERS

2021 - 2022

Aislinn Bell
Ruby Crawford
Tiffany Davis
Carly Dunn
Jacob Flood
Cadie Gillette
Zoe Gilsean
Sabrina Hansen
Elizabeth Hernandez
Kara Housley
Andrew Lasserre
Ivy McNair
Lane Mellot
Nevaeh Morris
Simon Mudd
Shay Newman
Emma Paulette
Abby Purvis
Reagan Richert
Olivia Rogers
JD Sanchez
Ford Shuman
Clara Smith
Cooper Thompson
Garrett Vitori
Grace White
Hadleigh White
Nadia White
Brittany Zambrano

WHY HOPE SQUAD?

Nassau County, Florida

In Florida, suicide is the 3rd leading cause of death for people ages 10 - 24.

Florida ranks 38th in suicide deaths in the nation.

81.02% of Florida communities did not have enough mental health providers to serve residents in 2021, according to federal guidelines.

In 2020, Nassau County, FL's death by suicide rate, per 100,000, was 22.89. The Florida state rate was 14.4.

Question. Persuade. Refer.

Hope Squad has partnered with QPR Institute, a nationally recognized suicide gatekeeper program. The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical, and proven suicide prevention training. The signs of crisis are all around us. Quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know. Hope Squads, advisors, and other school and community stakeholders are certified and trained as QPR gatekeepers. QPR is an integral part of the Hope Squad curriculum. It provides students the simple steps to reach out to struggling peers and refer them to trusted adults.