



**Feeling Anxious or
Depressed?
Using More Substances
to Cope?
We Are Here For YOU!**

SPEAK TO A MENTAL HEALTH COUNSELOR
24 HOURS A DAY, 7 DAYS A WEEK
CHILD/ADOLESCENT (904) 580-0529
ADULT CRISIS (904) 206-1756

STARTING POINT
Behavioral Healthcare

Healing Begins Here