

Girls Weightlifting Meet Schedule 2023-2024

11/8 @ Yulee ~4:45 start time

11/15 @ Home with Cedar Creek Christian Weigh-ins 4pm; Start ~4:45pm

11/29 @ Home with and Yulee Weigh-ins 4pm; Start ~4:45pm

12/6 @ Pedro Menendez with Nease and Creekside 5:00pm start

12/15 @ West Nassau w/7-10 other TBD teams; 4:30ish start

1/24 District Weigh-Ins 5-7pm @ University Christian OR 1/25 8-10am

1/25 District Meet @ University Christian Start 11a

Entries due Monday, January 22nd by 3:30pm