

NASSAU COUNTY FOOD & NUTRITION SERVICES

4th Edition
August 2017

BACK TO SCHOOL NEWSLETTER



Good nutrition is our mission!

Welcome back to school! Your child's wellness through proper nutrition is our priority, and we want to keep you informed about our program. We offer high quality, nutritious, brand name foods at a reasonable cost. Read on for updates from our office and information on initiatives like SchoolCafe, The Breakfast Club, and Florida Farm to School Harvest of the Month specials as well as exciting promotions and events.



This year, we're excited to roll out a brand new one-stop website for Nassau School Nutrition! Head to www.schoolcafe.com or download the free mobile app (SchoolCafe). There, you can apply for free and reduced price meals online or on your phone in less than 3 minutes with your student's name and ID number. You can also view your student's transactions, add money to their account, and receive low balance alerts to your phone or email - all in one convenient place!

All remaining balances from MySchoolBucks will automatically transfer over to SchoolCafe. Last year MySchoolBucks charged a flat processing fee of \$1.95 per transaction; however, SchoolCafe charges a 5% processing fee and therefore will vary based on the deposit amount.

The majority of our users deposit smaller amounts on a regular basis making it a better overall solution. As always, we also accept cash or check at the school to deposit into your student's account - the online and mobile app are offered as an additional convenience for parents.

In this issue:

SCHOOL CAFE

Learn all about applying for free and reduced price meals and adding money to your child's account.

NUTRISLICE

Stay up to date on your child's daily menu options for breakfast and lunch with nutrislice.

HARVEST OF THE MONTH

Farm-to-school specials featured monthly.

FACEBOOK

Like us on Facebook to keep up to date on lunchroom news, nutrition facts, events, and more!

Drop us a line!

➤ 1201 Atlantic Avenue
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➤ Phone: 904.491.9924
Toll Free: 877.813.2298

➤ Read more online:
www.nassau.k12.fl.us
"School Meals"

➤ Like us on Facebook:
Just search for
"Nassau Nutrition."



“Florida’s Farm to School Harvest of the Month (HOM) is an educational program that highlights a different Florida-grown product each month. HOM cultivates a healthy food and farm connection by increasing students’ exposure to seasonal foods while also supporting local farmers.”



Look for these farm to school items on the menu each month:

- September – Avocado
- October – Satsuma
- November – Yellow Squash
- December – Snap Bean
- January – Radish

- February – Celery
- March – Cauliflower
- April – Blueberry
- May – Watermelon



We keep our Facebook page up to date with school and cafeteria information, nutritional facts, and more! Find us by searching “Nassau Nutrition.”



MEAL RATES

- \$1.50 | Elementary Breakfast
- \$2.25 | Elementary Lunch
- \$1.75 | Middle/High Breakfast
- \$2.75 | Middle/High Lunch
- \$0.30 | Reduced Price Breakfast
- \$0.40 | Reduced Price Lunch

FREE & REDUCED MEALS

You may apply for free/reduced meals (breakfast and lunch) at any time during the school year.

APPLY ONLINE

www.schoolcafe.com

It only takes 3 minutes and is processed within 24 hours!

You can also view your eligibility status at this website.

APPLY IN PERSON

Paper applications are available at the district office and at your school; processing may take up to two weeks.



Stay up to date on your child’s daily menu options for breakfast and lunch with *nutrislice*.

VIEW THE MENU ONLINE

www.nassau.nutrislice.com

View Photos and Descriptions of Menu Items

Review Nutrition and Allergy Information

Track Your Student’s Nutrition with the New “Create-A-Meal” Feature

Download their free mobile app: Search “School Lunch by *nutrislice*”.

