

NORMAL CONFLICT VS. BULLYING



Name _____

Date _____

Bullying is....

A person is being bullied or victimized when he or she is exposed, repeatedly and over time, to negative actions on the part of one or more persons.

(OLWEUS, 1991)

Conflict is a normal part of growing up. Normal conflict may require some adult assistance in resolving issues, but typically teens learn how to work out their differences on their own. **Bullying** is different because it involves danger of someone being physically or emotionally hurt.

Look over the chart. Identify examples of normal conflict vs. bullying.

NORMAL PEER CONFLICT	BULLYING
Equal power or friends	Imbalance of power, not friends
Happens occasionally	Repeated negative actions
Accidental	Purposeful
Not serious	Serious with threat of physical or emotional harm
Equal emotional reaction	Strong emotional reaction from victim and little or not emotional reaction from bully
Not seeking power or attention	Seeking power, control or material things
Not trying to get something	Attempt to gain material things or power
Remorse-will take responsibility	No remorse-blames victim
Efforts to solve the problem	No effort to solve problem